

## **Biotherapeutic Drainage & Detoxification**

Dr. Patricia Wales ND & Dr. Jennifer Bunzenmeyer ND

Disruption of physical and emotional energy in the body contributes to dysfunction and disease. Often the imbalance is due to an accumulation of toxins. To begin healing, the body must cleanse itself of what it does not need. Biotherapeutic drainage is an effective cleansing process on both the physical and emotional levels. .

Toxic accumulation occurs in all of us. Toxins such as lactic acid from muscle usage are continually produced and need to be eliminated on a constant basis. In addition, toxins from outside the body build up from stress and emotional challenges, inadequate nutrition and elimination (bowels & lungs), intake of synthetic products (medications, household chemicals,), environmental pollution (herbicides, pesticides, heavy metals), and an overburdened immune system. Sluggish elimination promotes internal toxic buildup.

Biotherapeutic drainage programs use homeopathic complexes to promote processing and removal of toxins at the cellular level. The complexes consist of low potency herbs and minerals that act on specific body tissues. First, increasing the action of eliminative organs (liver, kidney, lung or skin) provides a route for toxins to leave the body. Then other tissues (digestive, circulatory, nervous, and endocrine systems) can be targeted.

Clearing toxins with the drainage remedies allows all parts of the body to function more effectively. Drainage is an essential part of recovering from many disease conditions including gastrointestinal (celiac, ulcerative colitis, IBS), anxiety, stress and depression. It also normalizes glandular function to balance hormones in PMS, menopause, infertility, fibroids and thyroid disorders.

Drainage of toxins at a deep level is critical for health. A biotherapeutic drainage program offers an enhanced level of drainage by acting on specific organs and on the energetic level of an individual.