

# MEDICAL THERMOGRAPHY INTERNATIONAL INC.

9251 Yonge St., Suite 8-410  
Richmond Hill, Ont. L4C 9T3  
1-866-242-5554 or 905-770-7458

## BREAST SCREENING CHECKLIST

Your appointment date and time: \_\_\_\_\_

- Arrive 15 minutes ahead of your scheduled appointment.
- Do not shave underarms or use anti-perspirants. Do not use perfumes or fragrances.
- Do not bathe/shower or breast feed 1 hour before appointment.
- Do not smoke or drink hot or cold beverages 2 hours before appointment.
- Bring your health professional's full address and postal code to whom you want a report sent.

**Acadia Wellness Centre**  
**430 Acadia Drive S.E.**  
**Calgary, Alta.**  
**403-301-0123**

